

# For persons who have tested positive for COVID-19

Due to the rapid spread of infection, the public health center is under pressure and it is taking time for the public health center to contact those who have tested positive.

Please wait for a while until you receive a "phone call" or "SMS (short message)" from the public health center.



Check here ↑

Notification

- 65 years and over
- Need to be hospitalized
- At risk of severe disease and require therapeutic drugs or new oxygen administration due to COVID-19
- Pregnant



## Phone call

During periods of high numbers of infected persons, it may take several days to contact.

Depending on symptoms, determine where to recuperate (including home recuperation)

Non-notification

Medical institution  
PCR Center  
Self-checking (Antigenic kit)



No need to register yourself  
The medical institution or PCR center registers.

Positive Patient Registration Center  
You need apply to the registration center by yourself.



## SMS ( short message )

Those with a mobile phone number will receive an SMS within one or two days of being found positive.

If you wish, you can apply for recuperation set and hotel recuperation.  
For health consultation, call the consultation center.

If you are not intended for notification, please check the message and then apply for a home treatment set, if necessary.

## Period of recuperation

### Symptoms

Day 7 (at the earliest) from the date of onset (Day 0)

Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	
Date of onset	<u>Home health care &amp; Refrain going out</u> Avoid contact with others including your family, take care of your health by yourself.						Last day of recuperation	May go out	

Until 10 days have passed, the risk of infection remains and you should check your health by taking your temperature and avoid contact with people at high risk of serious illness.

"Symptoms relief" is when you are relief from fever without using antipyretics and your respiratory symptoms are well. 24 hours must elapse after symptom relief.

Ex. Symptoms relief after 9 days from onset date.

Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	
Date of onset	<u>Home health care &amp; Refrain going out</u> Avoid contact with others including your family, take care of your health by yourself.						Symptoms relief	Last day of recuperation	May go out			

### Without symptoms

Day 7 (at the earliest) from the date of the test (Day 0)

Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	
Test date	<u>Home health care &amp; Refrain going out</u> Avoid contact with others including your family, take care of your health by yourself.						Last day of recuperation	May go out	



※ If the test with the antigenic test kit on day 5 is negative, the patient can go out on day 6.

※ If the onset of the disease occurs during the recuperation period, the period is generally extended to 7 days from the date of onset (day 0).

The public health center will not contact you to release of recuperation. You don't need to contact there.

## Health status check

For those eligible for notification, the follow-up center will observe their health status. Those not subject to notification should check their health themselves.

## Contact live-in family members and concentrated contacts

Family members living together or **those who have contact with a person for more than 15 minutes at a distance of about 1 meter without wearing a mask on or after 2 days prior to the onset of symptoms** are considered to be very-close personal contacts, so please inform yourself of this fact.

Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Last contact date	<u>Refrain going out other than needs of urgent</u>				Last day to wait	May go out

Without symptoms

Please refrain going out for 5 days from the last contact date.

Symptoms

Please seek medical attention.

Website



<https://www.pref.hiroshima.lg.jp/site/hcdc/corona-noukou.html>

## Certificate of recuperation

**Certificates cannot be issued to those not subject to notification !!!**

Those who wish to receive a certificate (only those who are eligible for notification) should check the Hiroshima prefecture website and apply for a certificate after the end of recuperation..

<https://www.pref.hiroshima.lg.jp/site/hcdc/corona-ryouyousyoumei.html>

※ If you live in Hiroshima city, Kure city, or Fukuyama city, please check each city's website.

Website



Please get it from My HER-SYS.

## Consultation at a medical institution due to deteriorating physical conditions

Please call an ambulance(119) for a sudden dyspnea or disturbance of consciousness.

① If there is no improvement or aggravation to your symptoms please call our hospital (clinic).

Talk to your primary care physician by phone.

② If your hospital was closed

Please find a nearby hospital (clinic) from the list on [Hiroshima prefecture website](#) and take a contact and see the doctor.

Website

<https://onl.tw/Z3XnsGK>



③ If you can't find any hospital (Clinic) around you

Please call [Hiroshima prefecture online medical center](#).

Website

<https://onl.tw/nYGfzEf>



〈Open hour〉

Please check the [Hiroshima Prefecture website](#).

〈Phone number〉

Positive cases are notified by SMS from Hiroshima Prefecture, Hiroshima City, Kure City, and Fukuyama City.

• **Only for Covid-19 Patients and Covid-19 Symptoms**

- There will be Web Primary medical interview.

After you call the medical center by your cellphone, the center will send you the URL.

The online medical treatment will start after you finished the Web Primary medical interview.

- Due to the increasing of the patients, medicine may be delivered the next day.



### ◆ Oral drugs consultation dial

You can consult about prescription medical institution of oral drugs for the Covid-19.

〈Phone number〉 0 8 2 - 2 3 6 - 1 0 3 9

〈Open hour〉 Everyday Reception AM 10 : 00 ~ PM 4 : 00

### ◆ Medical treatment cost for Covid-19

Self-pay part will be free due to the public expense. But the Employer's share part will be health insurance **so please prepare for your health insurance card**. (Medical treatment cost before getting positive for Covid-19 or symptoms other than Covid-19 will not be public expense. Also, online system usage fee, delivery charges that are excluded from the medical fee may be on your expense depending on the medical institution or the pharmacy.)